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# PROJECT LIFE

A virtual wellness house for those living with metastatic breast cancer and their loved ones.



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By: Lesley Kailani Glenn - Founder

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**Metastatic Breast Cancer patients are living longer than ever....  
...but only if they have access to diagnostics, drugs, supportive  
care and clinical trials.**

**Dr. Julie Gralow**



*Project Life seeks to address and answer the supportive care role.*

<https://doi.org/10.1093/jncics/pky062>

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Project Life is a virtual wellness house, offering programming and support, to those living with metastatic breast cancer, their caregivers and children, through our five dimensions of wellness.

Project Life will promote collaborations with cancer centers and organizations that resource the MBC Community throughout the U.S.



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# Five Dimensions of Wellness

Social

Emotional

Physical

Financial

Spiritual



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# 3 BUCKETS OF FOCUS

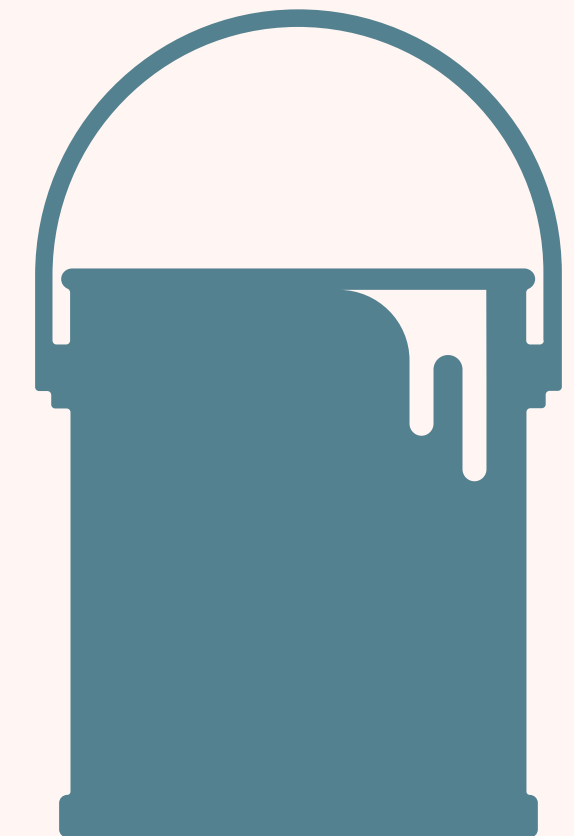
Programs-  
Wellness House



Pass Through  
Resource Hub



Partnerships/  
Collaborations





## (Virtual) Wellness House

### **The Foyer**

~ Newly Diagnosed, Self Advocacy

### **The Living Room**

~ Social Gatherings , Mental Health, Couch conversations

### **Art Studio**

~ Therapeutic Art Classes

### **The Library**

~ Book Club, Resources

### **The Garden**

~ Mentoring, Journaling, Mindfulness.

### **The Den**

~ Health Literacy, Legal, Finances

### **The Kitchen**

~ nutrition, cooking

### **The Backyard**

~ Exercise, Kids Camp, Play

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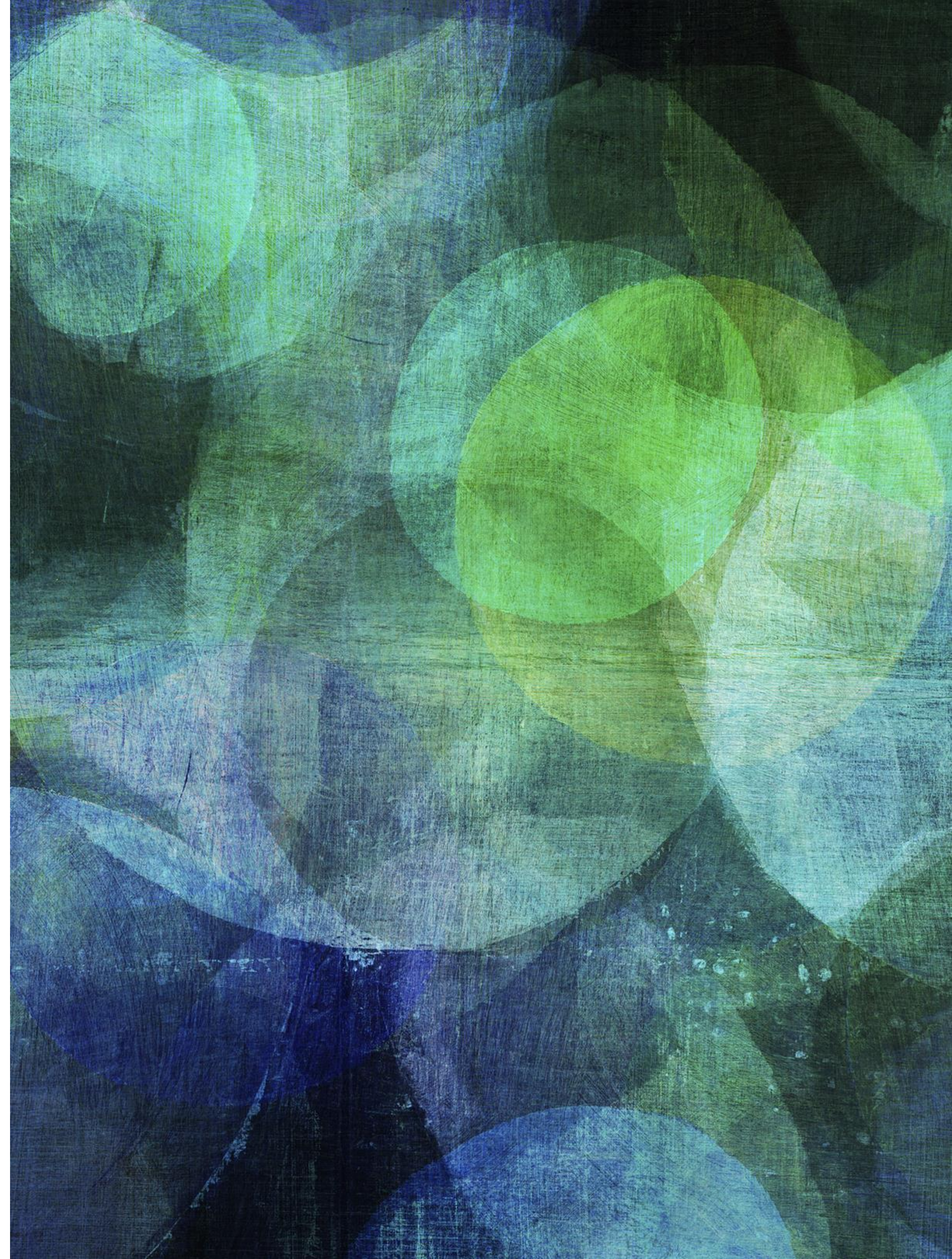
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# PASS THROUGH RESOURCE HUB

- Cancer hospitals/programs in patient's geographic areas
    - Pharmaceutical Companies with patient resources
      - Cancer organizations with well established
  - Programming for MBC patients, caregivers and their loved ones.
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# PARTNERSHIPS & COLLABORATIONS

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- *ABCD - Mentor Training John Hopkins - Therapeutic Art Classes*
  - *Faraja Trust Kenya - Therapeutic Art Classes*
  - *The James - In talks*
  - *The Smith Center- In talks*
  - *Scientific Network on Female Sexual Health and Cancer - advocacy, classes.*
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# NETWORKS

**Living Beyond Breast Cancer**

**The Metastatic Breast Cancer Alliance**

**Susan G. Komen**

**NCCS - National Coalition of Cancer Survivors**

**Dr. Susan Love - Research Army**

**Triage Cancer**

**For the Breast of Us**

**Oncologists, researchers, patient advocates, etc....**

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The BIG vision :  
To establish **Project Life** Wellness Houses across the US for all of those with  
metastatic disease



PROJECT LIFE  
WHERE WE BELONG

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Caption

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# QUESTIONS?

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